



Swədəbš Kiyuuq^ws

SWINOMISH INDIAN TRIBAL COMMUNITY

KEE YOKS

SINCE 1966

Volume 45 Issue 5

MAY 2011

pədčəʔəb

"digging time"
camas & digging stick



JOHN K. BOB BALL PARK RE-DEDICATED

Randy Vendiola played a wooden flute while Veterans Francis Peters, Raymond K. Williams, Pastor Doug York, Andy James and Raymond Mitchell salute during a ceremony on April 8th to dedicate the new John K. Bob Ball Park arch and bronze plaque. Members of the Swinomish Veterans Committee (right) stand under the new ball field arch and beside the reproduced bronze plaque honoring John K. Bob and two other Swinomish veterans who lost their lives in WWII, Melvin Ross and Roy Knight. (inset: John K. Bob as a teenager from a photo presented to the veterans by his sister at the dedication.)

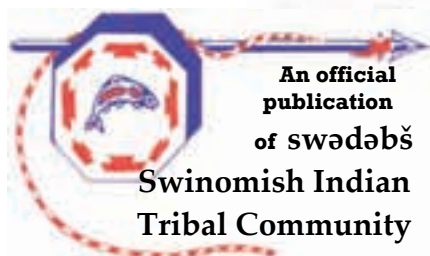
Shaker Church Dedication	MAY 7
Mother's Day	MAY 8
Project Red Talon	MAY 21
Blessing of the Fleet	MAY 26
Memorial Day	MAY 30

Jamie Damien
donates Locks of
Love, page 8



Kiyuuqʷs

The Seagull



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 Kevin Paul
Wa lee hub
 Brian Porter
 Brian Wilbur
 Tandy Wilbur
Wolfe

Chester Cayou, Jr.
 Pay a huxton

The Kiyuuqʷs
 deadline to submit to the
 JUNE 2011 issue is
MAY 15TH

The Kiyuuqʷs

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This issue of the Kiyuuqʷs is
 available on the Swinomish website.
<http://www.swinomish-nsn.gov/>

The on-line version of Kee yoks
 is in full color.

Because we are now on the internet, when submitting information or photos, please be aware that everything published in Kee yoks will also be on the internet and available to the world. Please consider carefully whether anything you are submitting might have information or images that may not be appropriate for the internet. By submitting information or photographs to Kee yoks for publication, we consider that you are agreeing we can publish the information or photo in both the paper version of the Kee yoks and on the Swinomish Indian Tribal Community website.



"KEE YOKS Newspaper"

Cover : John K. Bob Ball Park

Dedication, photo by A. Smock

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Kiyuuqʷs Mission

The mission of the kiyuuqʷs newspaper is to provide monthly communication to swədəbš, the Swinomish Indian Tribal Community, near and far. We are committed to serving as an apolitical forum for SITC governing officials and all community members. The newspaper is not intended to reflect the official position of the governing body of the Swinomish Indian Tribal Community, but rather reflects the ideas, events, and thoughts of individual community members and tribal staff. As such, the Swinomish Tribe makes no claim as to the accuracy or content of any of the articles contained therein.

CHAIRMAN'S MESSAGE

By Brian Cladoosby

On April 8, the Swinomish community celebrated a long-awaited re-dedication and tribute to our Swinomish veterans, John K. Bob, Melvin Ross and Roy Knight. These three veterans served in the Army during World War II, and were members of the Swinomish Tribe. The John B. Bob Ball Park Arch with its plaque is a special place for Swinomish, and our elder, Chester Cayou, Sr. brought to our attention the importance of these monumental places in our community. He made a special request to the Tribe that these and other monuments be preserved so that generations would know about the sacrifices made by past veterans.

Let me share with you a little bit of history of the arch and plaque. The Swinomish Tribe first dedicated the ball field in 1938 following its completion as a Works Progress Administration project. Following World War II, Swinomish chose to re-dedicate this park on Memorial Day 1946 in honor of John, Melvin, and Ray, and the sacrifices they made for our country. On that historic day, the President of the Northwest Federation of American Indians came to Swinomish to commemorate the John K. Bob Ballpark and presented the Swinomish Tribe with the plaque.

Throughout the years, the ball park has brought friends from afar, and the day of the dedication was no exception. I was quite intrigued by a story that came out of the day's events, and that was hearing from an old friend of John's, Addison Austin. In September 2010, the Skagit Valley Herald ran a story about the ball park. This is when John's fellow serviceman, Austin, read the story and contacted Phil Dan, Chairman of the Swinomish Veteran's Committee. We were pleased to have Austin attended as our honored guest and moved by his story of their friendship.

Mr. Austin shared his respect for John, and told us he was on the front lines the day John lost his life. In Austin's words, "In 1942, we had enlisted together in Mount Vernon, and we were in basic training together in the 104th Infantry, known as the Timber Wolf Division. This division was the first Army unit trained specifically for fighting in nighttime conditions. John was my fellow serviceman and friend, and we served together in Germany in World War II."

Our Dedication held many special guests and stories, and we were blessed to have with us the family members of Melvin Ross and Roy Knight at the ceremony. Our community will continue to honor the fallen soldiers with the bronze plaque which commemorates the lives of our tribal members. Both soldiers fell in World War II, Melvin in Italy and Roy in Belgium. These two young men's lives will continue to be remembered in our history, and their families will remain in our thoughts and hearts during the upcoming Memorial Day weekend.

Also, on this special day, among our honored guests was Veteran Mike Gregoire, the husband of Governor Christine Gregoire. His service in the military spurred a lifelong commitment to veterans' affairs, where he brings awareness and strives to address veterans' mental health issues. As Washington State's "First Gentleman", he is lifetime member of the Veterans of Foreign Wars and a member of the American Legion and the Vietnam Veterans of America.

The day was very special for our community and we were happy to share it with the friends and family of our honorable servicemen. May the Creator bless you and your loved ones. ~Speepots



Dale Lankford and assistant hang the original, and newly restored, John K. Bob arch in the Social Services Building.



Swinomish Water Resources Program

Native Plant of the Month—CAMAS



Landscape Use

This bulb flower naturalizes well in gardens. The bulb grows best in well-drained soil high in humus. It will grow in lightly shaded forest areas and on rocky outcrops as well as in open meadows or prairies. Additionally it is found growing alongside streams or rivers. The plants may be divided in autumn after the leaves have withered. Bulbs should be planted in the autumn. Additionally the plant spreads by seed rather than by runners.

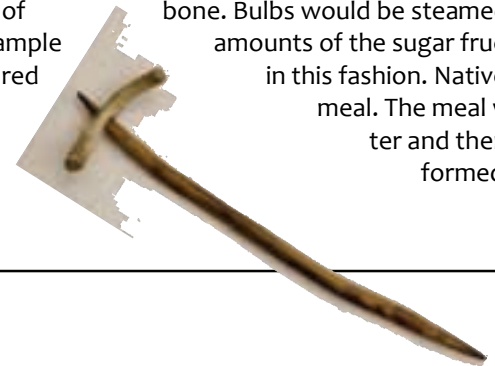
Warning: While *Camassia* species are edible and nutritious, the white-flowered death camas species (which are not the genus *Camassia*, but part of the genus *Zigadenus*) that grow in the same areas are toxic, and the bulbs are quite similar. It is easiest to tell the plants apart when they are in flower.



Common Camas - *Camassia quamash* (Pursh) Greene

- Common Camas is in the Liliaceae (lily Family), which contains 478 species in North America and approximately 4200 species worldwide.
- Bulbs of common camas are 1 to 5 centimeters (0.4 to 2 inches) in diameter.
- Leaves are usually less than 10 and are 1 to 6 decimeters (4 to 24 inches) long.
- Flowers are usually blue to bluish-violet.
- The range of common camas extends from British Columbia south to California and east to western Montana and Wyoming.
- Habitat is typically seasonally moist meadows that dry out by late spring.
- Seedlings may take 3 years before a bloom is generated, if planting bulbs, look for the flowers to appear the following spring.

The camas bulb, much like salmon, has significance for the Swinomish people, beyond its value as a source of vitamins and minerals. Camas is a sacred food that is treated with respect and seen as a gift. The bulbs were traditionally harvested using digging sticks. The long, curved stick is used for loosening the soil and gently removing the roots, bulbs, and other plants from the ground. The one pictured here is made of fire hardened yew and a handle of bone. Bulbs would be steamed or amounts of the sugar fructose when prepared in this fashion. Native populations in the NW would dry out the cooked bulbs and grind them into a meal. The meal was used in variety of ways. At times it would be mixed with water to form a batter and then cooked like a pancake. Often, the meal would be mixed with water and into large bricks and then cooked and stored for future use.



Say it in Lushootseed!

Blue Camas c'ábid

May (time of digging camas bulbs) pədc'aʔəb

CANOE JOURNEY JULY 2011



Loving, Caring & Sharing Together
Painting by Caroline J. Edwards

Volunteer forms, vendor information, schedules and useful information about the Paddle to Swinomish can be found on the website.



<http://paddletoswinomish.com>



Three cedar hat pavilions are nearing completion.

Photo: A. Smock

ERIC DAY TRAVELS TO ALASKA

(photos submitted by Eric)

Last month, Eric traveled to Alaska to attend the Tlingit Haida Corporation meeting and invite the locals to *Paddle to Swinomish*. While there, he was invited to skipper the **Tlingit Warrior** from Juneau to Auk Park (Auk Tribal Territory) where he participated in a formal canoe landing. The landing protocol was similar to what we're used to here in the lower 48. Eric sang Stoney's song while they were waiting to come ashore. Still on the water, he requested permission to come ashore and was asked if they came in peace. After assuring the locals that they did come in peace, they were greeted by representatives of the Wolf, Raven, Shark and Eagle clans in full regalia. Each spoke words of welcome to their Swinomish guests (the Tlingit Warrior's crew made it clear that they were "now Swinomish" since Eric was their skipper for this landing). Eric then sang Stoney's song again, and formally invited all present to the Paddle to Swinomish. The Tlingit Warrior has definite plans to be on the Journey, and we hope to see other Alaskan canoes on our shores in July as well.



A Wolf clan member noticed Eric was wearing a t-shirt with wolves on it, and dressed him their clan regalia for pictures.



Earning her way to Black Belt in Taekwondo

Caitlynn Irene Billy has been studying Taekwondo since November 15, 2010 under Master Eckle at the U.S. Taekwondo Academy in Marysville, WA. She has been working very hard, and doing very well in class. Since she has started her lessons, she has made more friends, gained more self-confidence, and learned more about respect and discipline.

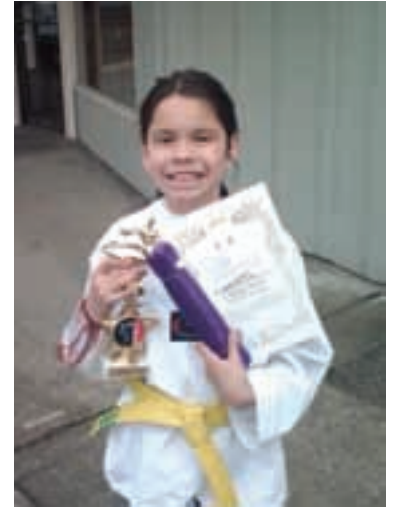
Now, just 5 months later, Caitlynn has earned her purple belt. which follows yellow. Purple is the 3rd belt of 14 and a step towards her black belt. We are so proud of her. We admire her dedication and her desire to do well in class, an attitude which has carried over to school as well as home. She is fully

supported by myself, Racheal Maurer (my fiancé), my parents Leon and Karen John, and Fred and Debra Maurer (Racheal's parents), Caitlynn's mother Tiffany Poynter, and her family. Testing to master a belt takes place every two months. When she passes, she is awarded her new belt the following week.

I wanted to take this time to share this small part of our lives with the rest of the community, and also express my gratitude for all those who supported her enrollment into the Swinomish Tribe.

Sincerely, *Arthur R. Billy, Jr.*

Submitted photos



FROM THE SWINOMISH ELECTION BOARD!

Alternate Member position needs to be filled! The Election Board is accepting letters of interest from anyone with all of the following qualifications:

enrolled member of the Swinomish Indian Tribal Comm.

Age 21 or older

not currently a member of the Senate

Resident of the Swinomish Reservation (as defined in Section 2-01.050) OR employed by the Tribe

Send letter of interest to Wendy A. Otto in Admin. or email to: wotto@swinomish.nsn.us

EDITOR'S NOTE

Apparently, this April was the coldest April in the recorded weather history for Washington State. We have all cherished the very few nice days we had.

KEE YOKS had had some technical difficulties in getting this issue printed, but we hope the next issue will be problem free. We thank you for your patience, your positive feedback and your constructive criticism.

In our effort to cut down on paper and printing, we are encouraging more readers to rely on the website for the electronic version of the KEE YOKS. If you do not need a paper copy, please let us know, and we will take you off the mailing list. If you would like an email reminder each month when the paper is posted, be sure and mention that in your message. Thank you!!

Ann Smock & Caroline Edwards

CLEAN UP DAY IS A LONG STANDING TRADITION AT SWINOMISH

Every fall and spring, offices close down and most of the tribal employees spend the day outside beautifying the grounds and surrounding areas. The Tribe serves a turkey-with-all-the-trimmings lunch for all staff members.

Many thanks to Cathi Bassford, kitchen manager, and all those who helped serve.

This year there will be an additional clean up day on **July 6**, in preparation for Paddle to Swinomish.

Mary Cayou and Colleen "Teeny" Williams were glad the sun came out as they weeded the flower beds around the Social Services Building.



SOBRIETY DINNER 2011

JOE DUNN Award
Winners:

Julie Anne Siddle
and Elder Award
Mike Cladoosby



The winner of the Joe Dunn award is Julie Anne Siddle, shown here surrounded by her family. The winner of the Elder Sobriety Award is Mike Cladoosby, also shown surrounded by his family. CONGRATULATIONS TO BOTH!!



photos by Caroline J. Edwards

EASTER AT SWINOMISH



Joey Williams and her Easter egg



Tori Thompsen and Williams twins Joey and Kimmy.
(right) Quentin Edwards *photos by Katie Bassford*



The Community Easter Egg Hunt was held on Saturday, April 23rd this year, at the pre-school/childcare playground. The weather was nice for a change!

Left, Jesse Edwards starts the hunt; Tia Shana Cappel and Krista Bailey find the gold and silver eggs! The new cedar hat pavilions are near completion behind them on the beach.

Photos by Robin Carneen

TWO BAPTISMS AT SAINT PAUL'S ON EASTER SUNDAY



On left is
Baby Girl Jimiah Solomon
Fornsby,
and
on right is
Baby boy DaShawn Siddle

photos by Robin Carneen



BULLETIN BOARD

Uncle Paul Speaks!

Uncle Paul gives his take on being a member of the Chief Seattle Club.

I ran into Uncle Paul at the recent UW Pow-wow, and he told me about a fundraiser for the Chief Seattle Club that was going on at St. Joseph's Church in Seattle. I am so blessed to have been able to hear Father Pat Twohy speak, as well as my Uncle Paul, both of whom exuded much love and humility in their own estimable ways.

~Richard Vendiola

Paul is the brother of Diane Vendiola.

He lives in Seattle and is the volunteer maintenance man for Chief Seattle Club.

Fr. Pat Twohy presided over St. Paul's Church at Swinomish for over 20 years and now resides in Seattle where he continues his work as Jesuit Priest. (see Paul's poem on page 22)



Fr. Pat Twohy and Uncle Paul submitted photo



Spring Into Spring

Saturday ~ May 21st

Swinomish Tribal and Shelter Bay Communities

Come join the fun as we become more aware of our environment while working to spruce up our Communities!

11:00 a.m. to 2:00 p.m. at the Shelter Bay Childcare - Follow the Signs!

Free Paper Shredding and Electronic Equipment Recycling

Paper Shredding - Bring in your stack of paper

E-Cycle Service - Electronic Equipment Recycling

• Computer Equipment	• Printers
• Data Devices	• Cell Phones
• Televisions	

(Sponsored by La Crosse Graphic)

2nd Annual Eco-Sense Fair

Exhibits/Displays

- Swinomish Tribe's Protect Mother Earth
- PSE's HomeBingo Assessment
- All You Need to Know About Recycling
- Proper Disposal of Pharmaceuticals
- DNR and Recycle Displays
- Firewise Plants

Door Prize!

11:00 a.m. to 2:00 p.m.

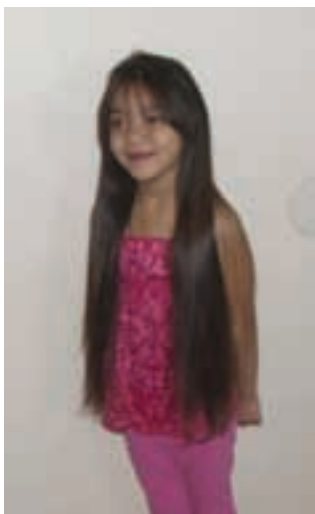
Free hotdogs and other refreshments




FOOD HANDLER CLASSES

Wednesday, May 11, 1:00-3:00

Thursday, May 19, 10:00-12:00



before

LOTS OF LOVE for LOCKS OF LOVE!

Miss Jamie Damien is looking good and doing good things for others! In March she had her hair cut and donated it to *Locks of Love*.

Someone who suffers from complete hair loss due to cancer care or alopecia will be able to receive a professionally made wig of human hair.

Jamie is the daughter of Josiane and William Damien, Swinomish.

For more information, please visit
<http://www.locksoflove.org>



after



SWINOMISH MEDICAL CLINIC NEWS

What is my Electronic Health Record and Why is my Provider typing into a computer?

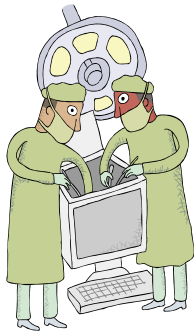


Right now all of your medical information is securely stored in a big, fat folder called a Medical Chart.

All of these charts take up a lot of space in the Medical Records departments at our clinic. As they get larger, they become cumbersome to handle and the information in them is sometimes hard to find and read.

Every time you come in to meet with your provider, or any of the other healthcare professionals at Swinomish, a hand-written and dictated note is made about the services you receive. These pieces of paper are put into your Medical Chart so that we will have a record of your concerns and the treatment you received.

Much of the information about your visits has also been stored in an electronic, computerized form in a system we call RPMS. We are now expanding the capability of that RPMS system to handle all of your medical information. This will eventually mean that we no longer have to keep hand-written information in a big Medical Chart.



When you meet with your provider, dentist, counselor.... all of our service staff, you may see them typing away on small computers. For visits to behavioral health, access to the note portion is limited by additional security keys assigned to providers.



"Who can see what's in my record?"

Only authorized providers and staff will be able to access your Electronic Health Record using password protection. Access to your record is electronically tracked as well.

"What if I go to another Hospital?"

We already have agreements and access to electronic records for our patients that we have referred at Island Hospital and Skagit Valley Hospital that are password protected. In addition labs, x-rays and prescriptions that were ordered by our providers are available electronically.

"When is all of this going to start happening?"

Some of our healthcare providers will begin using the new Electronic Health Record in the spring/summer of 2011. You may notice that your visits to the clinics may be a bit slower at first while we all get used to the new system. Gradually, we'll get the hang of it and will be able to serve you and your family much more quickly and accurately.

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Why should all my providers at Swinomish clinics have access to my record?

Right now, if you have an allergy, it might be in one place for the medical side, in another for dental & in another for your counselor. We want important information like that to be in one place that everybody maintains so we give you the best care.



“Ok, so what if your big computer crashes?”

The system is backed up daily & has a second backup system in case something goes wrong with the main system. That way your health information is secure.

Why did the clinic choose this E.H.R.?

Data quality – offers data field unique to Native Americans, like tribal enrollment. Cost – The software itself is free. The clinic still has to purchase the hardware and have some onsite I.T. support. Interfaces -such as laboratory data, and state child immunization registry.

We know you have a choice of many healthcare providers. We appreciate your confidence in our superb staff.



HEALTH & EDUCATION: PROJECT RED TALON

For over 22 years, Project Red Talon has worked with the NW tribes to promote sexual health and reduce the prevalence of STDs, HIV/AIDS, and teen pregnancy in the region. This quarter, Project Red Talon is kicking off an exciting new initiative to better meet the needs of Native teens and young adults: It's Your Game...Keep It Real (IYG).



The aim of the IYG project is to adapt a multimedia sexual health program for AI/AN youth 12-14 years old. The program is an evidence-based curriculum originally designed for use in middle school classrooms. It incorporates fun videos, animations, and skill-building activities to educate users about healthy relationships, STD/HIV, contraception use, and how to set and respect personal boundaries. The project is a multi-site research endeavor that will be carried out in partnership with the Alaska Native Tribal Health Consortium, the Intertribal Council of Arizona, Indian Health Service, the Bureau of Indian Education, Tribal Boys and Girls Clubs, University of Texas Prevention Research Center, and Oregon Health and Sciences University. Funding for the three-year project was provided by the Centers for Disease Control and Prevention (CDC). Project Red Talon is now working with NW tribes to culturally adapt the Internet-based HIV, STI, and pregnancy prevention program for Native youth.

This will involve recruiting 20 youth on May 21st, 2011 to test and provide feedback on the program's online interface, ease of use, credibility, motivational appeal, and personal applicability. All participants will be compensated \$50 for their time, in addition to lodging and mileage reimbursements for those who are traveling more than 50 miles. In consultation with the NW tribes, the program will then be adapted during the second year of the project. In the third year, the project will recruit 400 NW Native youth (12-14 years old) to test the effectiveness of program.

This project, along with the creation of a new adolescent health website, will help fulfill Project Red Talon's multimedia strategic plan - creating user-friendly sexual health resources made by and for Native youth. All components of the project will be designed to promote the health of adolescents, support positive youth development, delay sexual initiation, reduce sexual risk-taking, reduce STD/HIV infections and disparities, and achieve a more coordinated national and NW tribal response to STDs/HIV.



WHAT'S A RAIN GARDEN? ASK THESE LA CONNER HIGH SCHOOL STUDENTS!

A group of La Conner High School students, led by para-pros Debbie Mendum and Randall Cook, began researching rain gardens about a year ago. Students teamed up and began making realistic plans to install rain gardens in the middle school parking lot. They shared their project plans with Mrs. Zimmerman's 4th grade class and with the Cascade Design Collaborative, a company based in Seattle, which helps communities plan landscapes designed with sustainability in mind.

The team of environmentally-minded students (freshman though senior status) will plant native plants such as Red Osier Dogwood, Oregon Grape and ferns in slightly lowered areas of the parking lot to catch rainwater runoff. The roots of these plants actually "digest" harmful chemicals that run off parking lots, into sewers and end up in our waterways and fish habitat.



Kas Kinkead and Renee Freier, architects from Cascade Design Collaborative, stand with La Conner students and mentors: Tiyanne McCraigie, Debbie Mendum, Joe Lee, Randall Cook, Sam Traylor, Lauren Aguilar, Dianne Quintasket and General Cayou. Last month they toured the Marine Technical College in Anacortes which uses the rain garden plan to safely dispose of chemicals in parking lot runoff. The students are researching and planning rain garden installation at La Conner Middle School.



General Cayou, (left) son of Fred and Lori Ann Cayou, has been working on a film documentation of the rain garden project. La Conner Schools staff member, Crista Carlson, took this picture of General helping local contractor, Lee Newman the last week of April. The concrete has come up and soil is coming next week for the rain garden, which will be a demonstration garden located at the La Conner Middle School.

photo by Crista Carlson



Kee yoks Athlete Award to Robert Johnny!

The KEEYOKS apologizes for leaving Robert's name and photo out of the La Conner Basket Ball Player's recognition in the February issue! Robert played on the La Conner JV team and is now involved in track. He also continues to play basketball every weekend at Skagit Valley College.

Robert is the son of Sheila Bailey and grandson of Sonya Bailey.



ANNUAL EDUCATION DINNER

Many accomplishments celebrated



Canoe Family Singers



Colin La Pointe wins a great big Teddy Bear!



Retiring teacher and wrestling coach Mike Compton is honored with a blanket



La Conner High seniors: (above) Alissa McCoy, Alma Edwards, (right) Tasha Yakanak and Bonnie Fornsby, Garrett Wilbur, Hi Finkbonner (not pictured) Shaelene Edwards



Northwest Indian College students who will be graduating this June: Susan Bobb, Jenny Peters, Robin Giddings and Joe McCoy (not pictured) Breana Nguyen, Kathy Paul

Photos by Caroline Edwards

Preschool Moving on to Kindergarten

Joyce Jack
Alfonso Sampson
Shawn Sampson
Tia Shannacappo
Matthew Stone
Mikailah Johnston
Savanna Edwards
Isabelle James
Marlon Edwards Jr.
Victoria Murguia-Morales
Taylor Rae Cayou
Brenda Keo
Calli Dougliss
Randy Ikebe

GED

Zach Grossglass
Ariel LaPointe
Cory Hamburg

8th Grade Grads

Isabelle Keo
Allen John
Cordell Manibusan
Jacob Cruz
Austin Stewart
Carol John
Emily Jimmy
Matthew Damien
Darrell Williams
Mariah Clark
Kiana Williams
Anna Cook

5th Grade Moving Up to Middle School

Lashay Washington
David Cruz
Brett Cayou
Scottie Miller
Kahneesha Casey
Tiffany Sampson
Henry Cayou
Charles McCoy
Kaleb Parker

Jeanette Quintasket
Claudia Jack
Joreen McDonald
Alexis Bobb
Terrance Fornsby
Kalona Casey
Kobe Bailey
Miguel Ceja

If we have forgotten anyone on the list we do apologize it was not intentional.

Thanks to everyone who helped out and attended the Education Dinner. Our students are the ones that give our jobs meaning and satisfaction. Our hands go up to you for all your hard work.

LETTER OF THANKS (EDUCATION DINNER)

I would like to send a big "Thank-you" to: Rosemarie Williams, Alfreda Bailey, Mary Cayou, Rosemary Cayou, Laura Kasayuli, , Mike Bobb, and my husband Fred. Together we gifted 14 items for our children who live here in the community but are not enrolled Swinomish members. I know it was late notice, but "Thank you all despite the short notice." I received supportive comments, agreeing that all the kids work hard in school, so they all need to be included in a drawing.

If you missed out on this one, there will be another opportunity. The Education Department holds two dinners a year, so I'm going to try to do this at each dinner, and your donations will make it happen. I want to try for a computer in the fall. If 20 staff members donate \$25.00 each, we'll have \$500.00 for a computer and printer. That is my goal!! Apologies to the kids who didn't win this time, but maybe next time!

Thank-you again. If you have any questions, please feel free to come and talk with me about it.

Lori Ann Cayou

NATIVE CARVING CLASS GOING ON 17 YEARS

Kevin Paul has been teaching carving skills to Native and non-Native students for 17 years at La Conner High School. Students may earn credit for this cultural art class.

(Garrett Wilbur, Shaelene Edwards, Taysha James, Tasha Yakanak, Linda Day observing, teacher Mike Carrigan and Kevin Paul instructing Thomas Day on a drawing)





**NORTHWEST
INDIAN COLLEGE
@ SWINOMISH**

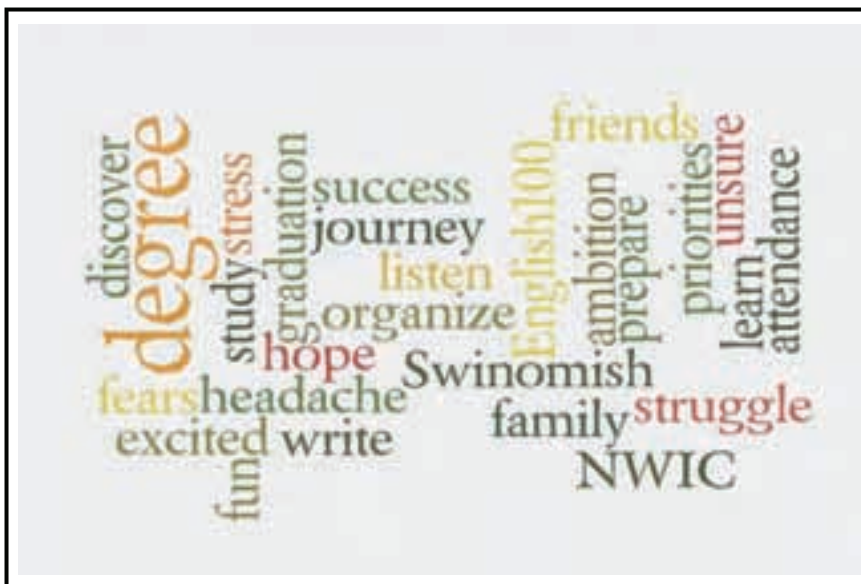


Gaylene Gobert
NWIC @ Swinomish
Site Manager



College staff, students and volunteers work hard on putting in native plants and a healing garden at the college on the Swinomish Reservation, Tallawhalt Lane. In April they held an informational luncheon for anyone interested in learning about on-going projects.

Photos by Robin Carneen



What's a Wordle?

This is a "Wordle." It was created by Northwest Indian College students in Sally Conner's spring quarter English class (Swinomish campus). They combined words to describe their hopes, ambitions -- and some fears— as college students.

EARTH DAY FESTIVITIES AT SWINOMISH—SALMON LUNCH

Jeff Edwards and Bruce James cook Silver Salmon for the 2011 Swinomish Earth Day Event



Photos by Robin Carneen

SWINOMISH DV SHELTER OPENS THIS MONTH



Hello my Dear People,

As some of you may already know, I am April James, Ach-pia-nuck, and I am newly employed here at Swinomish as the Shelter Manager for our new Domestic Violence Shelter. I am pleased to say that I am back home now and ready help make a difference in my community. The Domestic Violence Shelter is going to be a great resource for our women and children. This shelter will be able to help women find their way onward through the journey to empower themselves.

A little of information about myself: I was a Vocational Rehabilitation Counselor for four years, where I was able to work full-time and go school full-time to complete my Associates in Native Studies. Currently, I have created my own independent learning Associate in Technical Arts Degree in Culture and Family Services. I have strong ties my culture and tradition along with my family.

I would like to take this opportunity to thank the Swinomish Tribe for allowing me to fill this position as the Domestic Violence Shelter Manager.



April James
Shelter Manager to



My name is Anna Kester, but my friends call me Annie. I was born in Germany, adopted by a military family, and came to the United States as a young child. I am the mother of two daughters and grandma of three (2 boys, 1 girl). I graduated from Burlington-Edison High School and have a degree from Skagit Valley Community College. From 1999-2009 I worked at Friendship House Homeless Shelter in Mt. Vernon. I have a love for all animals, books, young people and the elderly.



My name is Miranda and I am from Anacortes, Washington. I attended Trinity Western University in Langley, BC where I studied psychology and human services. I have a love for the outdoors, which I was able to integrate into a position working for a non-profit outdoor adventure program combining river rafting, rock climbing, backpacking, and more with youth mentorship. I have a deep desire to walk alongside others as they pursue new directions in life, and look forward to having the opportunity to do just that here in La Conner.



Hi my name is Christina Joe Adams. I am an enrolled member of the Swinomish Tribe from the Joe family. I grew up in Seattle, and I am now happy to have been welcomed back home to the Swinomish Community. I am a wife and the proud mother of five. I have a great love of the outdoors and our Native Culture. I am dedicated to see our families grow strong and our mothers and children reach there full potential. I am so excited to serve our community as a Domestic Violence Advocate.



Hello, my name is Adriana Weatherby. I was born and raised in Skagit county. I am happily married to a Swinomish tribal member, and we have three wonderful children together. We moved to the Swinomish community in 2007, and we are proud to raise our children here. I am both grateful and excited to have the opportunity to be an advocate, and I am looking forward to sharing my passions and skills here in the Swinomish community.

DV SHELTER BLESSING "HOME OF HELP, HEALING AND HOPE" (~Doug York)



New Shelter director, April James, at the main entrance on Tallawhalt Lane.

A formal blessing was held for the new DV shelter on April 28th. Attendees could walk through the unfurnished building and have refreshments.

Prayers for the Shelter and all concerned were shared by Joe McCoy of the 1910 Indian Shaker Church, Doug York of the Church on the Hill, and Diane Vendiola representing St. Paul's Catholic

Mission. Witnesses were Linda Day, Shelley Vendiola, Beverly Peters and Kevin Paul.

There will be a "Baby Shower" for the Shelter on May 8th. Guests will bring donations of supplies of all kinds in time for opening day the following Monday. You can donate food, toiletries, or any supplies by dropping them off at the Social Services Building for Amy Freeto.



This courtyard will have a playground for the kids.



Standing in the bright, spacious kitchen and dining area are (left to right) Jennifer Hood, Yoli Quevedo, April James and Shelly Vendiola.

SWINOMISH POLICE DEPARTMENT



Leneé Kelly

RESIDENTIAL SECURITY CHECKS

One of the many services that the Swinomish Police Department provides is a free and voluntary "vacation check" of your residence while you are out of town or on vacation. This is an unscheduled and random check of your home by our officers on patrol. Our officers will stop and check on anything that looks out of place or suspicious.

On this request, you will let us know an emergency number in case we need to contact you, if you will be leaving lights on, and in which rooms. This is crucial for officers to know in the wee hours of the morning, when a home should be dark, and they see lights on. Thieves look for targets, and a home that looks like no one is

there could signal someone to take advantage of this situation.

An application for this request must be submitted at least 72 hours in advance of the planned absence. These applications can be picked up at the Swinomish Police Department located at 17353 Reservation Road. We do need a completed application filled out and turned in prior to your leaving town. We cannot accept telephone requests.

Some tips to remember as you plan your vacation:

1. Arrange for the Swinomish Police department to check your house.
2. Have your mail and deliveries picked up by a neighbor or someone you trust.
3. If possible, leave a car in the driveway or ask a neighbor to park their car in your driveway.
4. Be sure to check all windows and doors throughout the house including the garage, basement, and second floor. Making sure they are secure.
5. Arrange with trustworthy neighbors to also keep an eye on your house.
6. Don't tell everyone about your vacation plans; don't refer to it on the internet, such as on Facebook.
7. If possible, have lights on inside and out, arrange to be on a timer.

In the worst case scenario, should you arrive home and find your home broken into, **DO NOT ENTER IT**. Call the police from your neighbor's house or your cell phone. Before leaving, make an inventory of your property listing all serial numbers and model numbers available. This will be very helpful in assisting the police with processing the burglary.

If you have any questions that might need a direct answer, please call the Swinomish Police Department at 466-7237.

Thank you for allowing us to be of service to our community. We wish you safe travels in your future.



SWINOMISH WELLNESS

HOW ALCOHOL EFFECTS THE BODY

Excessive drinking frequently results in physical damage, commonly increases the risk of getting various illnesses and diseases, and in many instances makes other diseases worse.

Alcohol-Related Liver Disease: One of the long term effects of alcohol abuse and alcoholism is alcohol related liver disease. In fact, more than 2 million American people suffer from alcohol-related liver disease. Some drinkers develop alcoholic hepatitis (i.e., inflammation of the liver) as a result of long-term excessive drinking. The symptoms of alcoholic hepatitis include the following: abdominal pain, jaundice (abnormal yellowing of the urine, skin, and the eyeballs) and fever. If the person continues drinking, alcoholic hepatitis can be fatal. If the person stops drinking, on the other hand, alcoholic hepatitis is often reversible. Approximately 10 to 20 percent of heavy drinkers develop cirrhosis of the liver (i.e., scarring of the liver). Alcoholic cirrhosis can be fatal if the person continues to drink. Even though cirrhosis is irreversible, if the affected person stops drinking, his or her chances of survival can improve greatly. Although some individuals eventually need a liver transplant as a last resort, many people with cirrhosis who quit drinking alcoholic beverages may receive treatment and may never require liver transplantation.

Alcohol-Related Heart Disease: Long-term excessive drinking increases the risk for some kinds of stroke, heart disease, and high blood pressure. In short, alcohol related heart disease is another one of the long term effects of alcohol abuse and alcoholism.



Dave Allen, CDP

Alcohol-Related Cancer: Yet another one of the long term effects of alcohol abuse and alcoholism is alcohol related cancer. Indeed, heavy, chronic drinking increases the risk of developing certain types of cancer, especially cancer of the voice box, mouth, throat, and the esophagus. Women who drink two or more drinks per day slightly increase their risk for developing breast cancer. Excessive drinking may also increase the risk for developing cancer of the rectum and the colon.

Alcohol-Related Pancreatitis: The pancreas helps regulate the body's blood sugar levels by producing insulin. In addition, the pancreas is instrumental in digesting the food people eat. Long-term excessive drinking can lead to pancreatitis (i.e., inflammation of the pancreas). Pancreatitis is associated with excessive weight loss and extreme abdominal pain and can lead to death. Based on the above, it can be determined that excessive drinking can often result in physical damage, can increase the risk of getting some diseases, and can make other diseases worse. The moral of the story: if you want to avoid unnecessary health problems later in life, drink in moderation or not at all.

In addition to the diseases outlined above, excessive drinking over time is also associated with the following long term effects of alcohol abuse and alcoholism:

- loss of brain cells
 - epilepsy
 - nerve damage
 - irritated stomach lining and bleeding from stomach ulcers
- Please feel free to contact one of our staff at the Swinomish Wellness Program if you have any questions or are concerned for yourself or someone you know.

Excessive drinking has also been linked to the following:

- infertility
- skin problems
- obesity
- muscle disease
- vitamin deficiency
- sexual problems

SOCIAL SERVICES

North Intertribal Vocational Rehabilitation

The North Intertribal Vocational Rehabilitation Program helps people that have a permanent disability. The disability has to be documented as a permanent one. A disability causes barriers to work. Getting a job, or keeping a job, is sometimes hard when a person has a disability. There are many resources and programs that help get rid of the barriers. This makes it easier to get a job or keep a job. The vocational rehabilitation program will help take a closer look at the barriers and work with the disabled person to overcome them. If you need help with getting or keeping your job, due to a disability, please call the social services office and set up an appointment with the front desk. Call Colleen Williams (Teeny) at 360-466-7307 to set up an appointment.

Tammy Cooper-Woodrich is the Vocational Rehabilitation Counselor and her hours are Monday and Tuesday, 10:00-3:00. She is upstairs at the Social Services Building.



Tammy Cooper-Woodrich
466-7307
Mondays & Tuesdays

SWINOMISH swədəbš COMMUNITY ART ✎ SWINOMISH swədəbš

It's been all about eagles at Swinomish lately



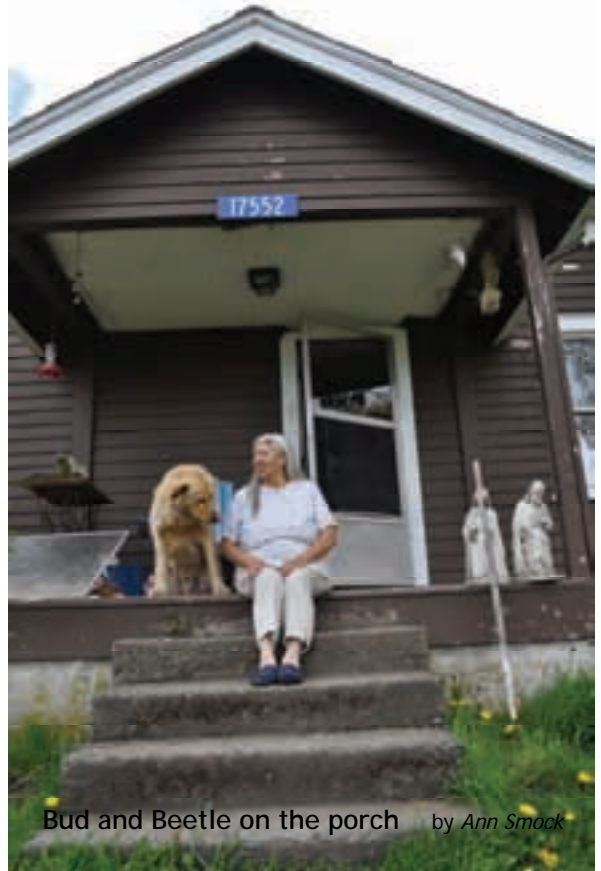
By Lori Ann Cayou



circling the pavilions

Kee yoks photo

Eagles by Mark Pouley



Bud and Beetle on the porch by Ann Smock



The sun came out long enough on April 18th for these children to head for the beach—our own Swinomish Beach on the Swinomish Channel. One of 3 Cedar Hat Pavilions can be seen under construction behind Zeb, Krista, Kalid and Cora. Photos by Theresa Trebon



Publish your art
on the
Community Arts
page!

deadline for
June issue is
May 15th

COMMUNITY ARTISTS ✨ SWINOMISH swadabš COMMUNITY

kee yoks photo

University of WA powwow in April



POW WOW

Spinnings...fringes swaying
 Exchanged smiles, grins of enjoyment
 Splashing sparklings of anticipation
 Thunderous boom of throbbing drum
 Tempo sets jingle, a jangle, a misstep
 Only they know
 The crooning
 The melodic song from the heart
 The ingle, the traditional and the fancy
 Shawls of color, vibrations round the floor
 Did they see? Did they chuckle at my stumble?
 A sheepish grin.
 And a crow hops on...

*Paul Hillaire Villaluz
 Enrollment # 604*



April Sunset

by Katie Bassford



Lane
 Fernando
 Swinomish Tribal Member, Lane Fernando,
 has published his first children's book,
The Burmese Cat. The artwork is by Jamie
 B. Wolcott. Lane recently presented a copy
 to our preschool.



VIEWPOINT

Internet Indians perpetuate the victimhood mentality

By Vi Waln, Sicangu Lakota; Rosebud Sioux Tribe

It is easy to be a victim; you simply fill your mind every day with dark thoughts about all the injustice you have suffered. It also helps to dwell upon all the wrongs the Lakota people have suffered over the past 500+ years. Constantly pondering past wrongs definitely fuels the victim mentality.

Being a victim consumes all your precious energy. It was very draining for me to cling to all those depressing thoughts of how our people were oppressed and murdered over the centuries. Now, it's much easier to pray. Of course, to maintain the victim mentality you must stay angry; I once kept everything that angered me burning hot in my heart. You have to continually provoke your own anger or you risk letting it go for happiness.

You will never be happy when you are imprisoned inside the victim mindset. There is no room for joy, for to be a victim entails an enormous amount of indignation. You will never find a path to happiness. You may as well be in a locked prison cell with no key.

Self-righteousness is a keeper of the victim mentality. When you carry a huge amount of arrogant self-righteousness you are blind to the opinions of others.

Judgment is another toxic mindset. I would get mad when others judged something I did. But I also judged the behavior of other people. When I started monitoring my thoughts I was shocked to find I was just as judgmental as everyone else. I do not give away my personal power to anger anymore. Anger is poison. Of course, I get mad over things that happen but anger no longer defines who I am. Just because I am mad in any given moment does not mean I have to live my life furious at the whole world. Sadly, many of our young Indian people seem controlled by their anger.

Underneath the anger is fear, I believe. In my opinion, humanity carries two basic emotions: fear and love. The negative emotions emit from fear while the positive emotions come from love. Look deep inside your anger; hiding behind it is fear. Many people are very mad but they are unsure of where their anger stems from. This might be because all the anger they have ever felt is kept locked deep within. They release absolutely none of their anger. They might state that they cannot allow themselves to get mad because they don't know what they will do. Is this you?

Are you mad because of the way you were treated today? Or does your rage stem from something that happened in your childhood which you carried into adulthood? It might take an entire lifetime to identify where your anger originates from.

There are some of you who continually blame the wasicu or the government or the tribe or boarding schools or churches or full bloods or mixed bloods or family members for what happens to you. You viciously attack other Indian people when their views don't align with your victim mentality. You resent happy Indians who have made progress in overcoming their own victim mindset. Is this you?

I never realized how much fear people actually carry until recently. The Internet has allowed us to connect with people from all over the world. We are global within our own homes. Consequently, the advent of social websites, such as Facebook, has provided an avenue for many people to express their rage from behind the anonymity of their computer screen.

Thus, we now have Indian people attacking one another on social networking websites. When you try to express an opinion sometimes you are called names. Some people even threaten to kill you. To me, people who engage in online name calling or threats are immature cowards.

I can tell a lot about the rage a person feels by what they write on these social networking sites. Some young Indian people self-identify as hostiles. What good does being hostile 24 hours a day do? These spiteful bullies seem to resent those of us who are happy with our lives and will use any excuse to attack us. In my opinion, being forever hostile is extremely dangerous because it threatens the chances our children have at happiness. Remember, anger is poison.

Our children are born innocent. They are our most precious gifts. It's our responsibility to mold them during their early years. It's our duty to help our children grow up in such a way that they are not infected with the poisoned mentality of victimhood. The brutal cycle can be broken.

Sometimes I am accused of being '*wasicu*,' weak, conquered or assimilated because I am happy. What a fallacy! I don't know about the rest of you but I choose to be a happy Indian. It is my personal choice. True happiness will escape you when you are full of anger. Indian people suffer hardship. Our ancestors died at the hands of the oppressors. I understand our collective history. Still, I make a choice every day to make a better life. Where is it written that just because I am Lakota I have to stay enraged my entire life?

Many Lakota people have found true happiness by embracing our own way of life. We walk a difficult path. Many sacrifice themselves every year for the people and pray at our Lakota altar in much the same way our ancestors prayed. We cry tears of sincerity in asking for a better life for our young people.

Still, we are attacked by hostile internet Indians who revel in their miserable wrath. They are acting as cowards when they bully their own people with social networking posts. I do not want my grandchildren to learn how to be scornful internet cowards. Do you?

Wakan Tanka, Tunkasila and God can see into our hearts. I want them to see my heart as pure, not black with rage. Monitor your thoughts for they become your actions.

Vi Waln is Sicangu Lakota and an enrolled member of the Rosebud Sioux Tribe. Her columns were awarded first place in the South Dakota Newspaper Association 2010 contest. She is Editor of the Lakota Country Times and can be reached through email at vi@lakotacountrytimes.com.

Indianz.Com. In Print.

<http://www.indianz.com/News/2011/000929.asp>

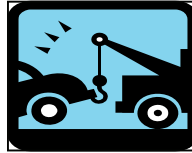
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To reach
SHA/SUA
contact:
(360) 466-4081
Life Skills
Office:
(360) 466-7354

May 2011 Swinomish Housing & Utility Authority News

PADDLE TO SWINOMISH 2011
July 25th-31st
We have 1000's of guests
coming to visit our community
this summer and SHA is
encouraging everyone to do
neighborhood Clean up! SHA can help
TENANTS remove
unwanted vehicles and
boats. Contact Robin
Carneen for more info~
LIFE SKILLS OFFICE:
466-7354



Recycle
Can Help you Save Money on your Garbage!

Tired of being charged for extra garbage bags? It pays off to add recycling to your garbage service! Call Waste Management at 757-8245 and ask to be added as a curbside recycling customer for the rate of \$7.40 per month.



Conserve Water

The weather is warming up & its tempting to start washing your cars, water your gardens, fill your yard pool, etc.

Remember that when you use water, your sewer bill is also charged. So be aware of your water use to help keep your bill lower and to conserve a precious resource.

If you have questions or concerns about your usage or to report leaks, please contact the Swinomish Utility Authority office at: 466-7223



Health & Safety Tips:

Stockpiling garbage and other unwanted items inside & outside homes can attract rats, pesky insects, stray cats & dogs, etc. This can also lead to fire safety and indoor air quality issues that can possibly harm or make community members and family members ill. One way to reduce your garbage is to order a recycling can! You would be amazed how much it cuts down on extra garbage bags! It helps Mother Earth too!

When cleaning up items such as batteries, tires, used oil & anti-freeze, electronics, & large metal items please dispose of these separately. Please do not put these items in any dumpsters on the reservation or down at Conner

When MOLD first breaks out: IMMEDIATELY clean the small areas where mold is growing with EQUAL PARTS VINEGAR AND SALT. Then scrub HARD! You can call Robin Carneen for more "how to" steps!

CALL SHA FOR LARGE MOLD CLEAN-UP REQUESTS! 466-4081

Mold Control Tips

- ❖ If you use a blanket cover the window, please tie the blanket to the side every day so the air can move around.
- ❖ If your windows and window sills get wet please wipe them down.
- ❖ Make sure your dryer is vented to the outside.
- ❖ Use the bath exhaust fan and keep the fan running for 10 mins. after you bath or shower.



Tribal Chairman
Samuel Kadim



George Alexander



Tandy Wilbur, Sr.



Dewey Mitchell

The First Swinomish Indian Tribal Community Senate Following Passage of the Indian Reorganization Act, 1936

First Meeting held at Swinomish, May 1936

75th Anniversary for the first Swinomish Tribal Senate

From the Tribal Archive *By Theresa L. Trebon*

As mentioned in last month's article on the Model Village, 1936 was a busy time on the Swinomish Reservation. But other things were being built besides houses that year, including the Tribe's new government. Although a tribal council had been in place since 1930, the Indian Reorganization Act (IRA) afforded Swinomish the opportunity to move towards self-governance and away from oversight by the Bureau of Indian Affairs. Following passage of the IRA in June 1934, Swinomish quickly moved to adopt its key provisions. In November of that year the tribe voted to accept the IRA and one year later, voted to ratify the Swinomish Constitution and Bylaws.

Following the Secretary of the Interior's approval of the constitution and bylaws in January 1936, Swinomish elected its first Senate under the auspices of the IRA: Samuel Kadim (Chairman), Joseph Billy, Jesse Bob, Martin Sampson, Alphonso Charles, Gaspar Dan, Jimmy Charles, Tandy Wilbur Sr., Dewey Mitchell, George Alexander, and Clara (Wilbur) James, Recording Secretary. On May 6, the new Senate met for the first time and got to work. They adopted the Swinomish Code of Laws, established a Tribal Court, and took over the proposed water system that would soon be coming to the Reservation from the La Conner side of the channel. They also addressed more mundane business, assigning the annual Decoration Day (Memorial Day) ceremony to the "Swinomish Women's Civic Club," and awarding Mrs. Ray Williams a permit to operate a refreshment stand near the Tribe's baseball field, the first permit ever awarded by the Senate. And, on July 25th, the Tribal Charter was unanimously ratified by election on the reservation: the Swinomish Indian Tribal Community was officially moving forward.

Seventy-five years later, a body of eleven senators still governs the Swinomish Reservation, guiding its day-to-day operations as well as its future directions. In an effort to record the history of the Tribal Senate an effort has been underway for the past several years to locate their images. We've managed to find over half but are still missing photographs of Joseph Billy, Jesse Bob, and Alphonso Charles.

If anyone has a photo of any of these men and can loan it for copying, or images of the 1936 Senate body as a whole, please contact the Tribal Archive at 466-7351.

Missing photos: Joseph Billy, Jesse Bob, Alphonso Charles



Martin Sampson



Gaspar Dan



Jimmy Charles



Clara Wilbur James
[Recording Secretary]

The Indian Reorganization Act of 1934



Mt. Vernon Daily Herald
11-21-1935
Swinomish Tribal Archive

The following essay from *Historylink.org* explains the Indian Reorganization Act that Swinomish formally adopted in 1936. You may view the article at:
http://www.historylink.org/index.cfm?DisplayPage=output.cfm&file_id=2599

"1934: The Wheeler-Howard Act, also known as the Indian Reorganization Act, reverses the U. S. policy favoring Indian assimilation and becomes the basis for United States policies that recognize the right of self-determination for Native Americans. The law curtails the land allotment system, permits tribes to establish formal governments with limited powers, and allows the formation of corporations to manage tribal resources. Funds are authorized for educational assistance and to assist tribes in purchasing tribal lands.

U.S. Government Indian policies had been guided by the Dawes General Allotment Act of 1887, which had as its aim the total assimilation of individual Native Americans into American society as small farmers. Tribal lands were assigned to individual members who were free after 25 years (if the government deemed them "competent") to sell off their allotments. Unassigned lands were then made available for homesteaders. By 1932, whites had taken over two-thirds of the 138 million acres (in 1887) of reservation lands.

In 1928, the Merium Survey of the extreme poverty on Indian reservations demonstrated the failure of the policy of assimilation. In response to the Great Depression, John Collier (1884-1968), Commissioner of Indian Affairs in the Franklin D. Roosevelt administration, developed plans for reservation-centered relief programs and official support of tribal governments. Collier believed tribes could restore their identities and cultures through local organization. With some changes, Collier's plan was enacted into law as the Indian Reorganization Act. Tribal members were permitted to vote on whether or not to accept the act. Only the Lummi rejected it.



Mt. Vernon Daily Herald
5-6-1936
Swinomish Tribal Archive

In Puget Sound, traditions of intermarriage among tribes and with non-Indians, and the assignments of several tribes to a single reservation conflicted with the vision in the law of tribal identity being attached to a reservation. The livelihoods

many Northwest Indians were tied to fishing and logging and day labor rather than to farming on reservations. Landless tribes such as the Duwamish had governing organizations, but no reservation, and this left them in legal limbo. Some Indians had to transfer allegiance to new tribal governments in order to preserve their economic rights.


The law enabled tribes to develop formal governments on reservations and gave them a means to buy back lands lost in the allotment system. Health care and education on reservations improved as well. The law had a negligible impact on Puget Sound Native Americans until the 1940s when individuals working in war plants and serving in the military returned with new ideas."



Tandy Wilbur, Sr.'s copy of the I.R.A. Law
Swinomish Tribal Archive

SWINOMISH YOUTH CENTER

MAY CALENDAR 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
		Sewing 12:30- 3	High School YG 6:30 PM Guest speaker: Edwin Melendez Topic: Tobacco Prevention Meal: Tacos		High School YG Swimming in B'ham	Nooksack Stom- mish/Lummi Canoe Races
8	9	10	11	12	13	14
Mother's Day Nooksack Stom- mish/Lummi Canoe Races	Race canoe prac. 4-6 PM Canoe Journey Song/Dance prac. @ Soc. Serv. Bldg 6:30 PM	Sewing 12:30- 3 Race canoe prac. 4-6 PM	Race canoe prac. 4-6 PM High School YG 6:30 PM Guest speaker Enrique Lopez Meal: Spaghetti	Race canoe prac. 4-6 PM	High School YG *TBA	Coupeville Ca- noe Races
15	16	17	18	19	20	21
	Race canoe prac. 4-6 PM Canoe Journey Song/Dance prac. @ Soc. Serv. Bldg 6:30 PM	Sewing 12:30- 3 Race canoe prac. 4-6 PM	Race canoe prac. 4-6 PM Youth Groups Serving elders @ Community Dinner	Race canoe prac. 4-6 PM		Chilliwack BC Canoe Races High School YG Chief Seattle Club & Pac. Sci- ence Ctr.
22	23	24	25	26	27	28
Chilliwack BC Canoe Races	Race canoe prac. 4-6 PM Canoe Journey Song/Dance prac. @ Soc. Serv. Bldg 6:30 PM	Sewing 12:30- 3 Race canoe prac. 4-6 PM	Race canoe prac. 4-6 PM High School YG 6:30 PM Topic: Tobacco discussion Meal: Casserole	Race canoe prac. 4-6 PM	High School YG Mariners Game	Swinomish Me- morial Day Soft- ball tourney Seabird Island BC Canoe Races
29	30	31				
Swinomish Me- morial Day Soft- ball tourney Seabird Island BC Canoe Races	Memorial Day Lunch @ Youth Ctr. YOUTH CTR CLOSED	Sewing 12:30- 3 Race canoe prac. 4-6 PM				




The Youth Center recently took a group of kids to Bowman's Bay, where they visited the Maiden of Deception Pass.

Photos by Tsahto Whub



SWINOMISH ELDERS LUNCH**MAY 2011**

Not going to be home? Please call center at 466-3980 to cancel your delivery.

Mon	Tue	Wed	Thu	Fri
2 Egg Salad Sandwich Spinach Salad Fresh Fruit Bowl Yogurt	3 Meat Lasagna French Bread Mixed Green Salad Sliced Banana & Grapes	4 Baked Chicken & Gravy Stuffing/Brown Rice Carrots Pears	5 Fish Soup Biscuit Spinach Salad Berries & Whip Cream 	6
9 Sloppy Joe French Fries Veggie Platter Fresh Fruit Bowl Yogurt	10 Pork Chop & Gravy Brown Rice/Roll Green Beans Pears	11 BBQ Spareribs Macaroni Salad Three Bean Salad Melon Slices	12 Pancakes Eggs Mixed Fruit Salad Vegetable Juice Yogurt	13
16 Split Pea Soup BLT Sandwich Fresh Fruit Bowl Yogurt	17 Chicken Teriyaki Rice Cauliflower/Carrots Pineapple	18 Beef & Vegetable Stew Whole Wheat Rolls Peaches	19 Eggs & Sausage Gravy Biscuit/English Muffin Melon Slices Yogurt Vegetable Juice	20
23 Tuna Sandwich w/ Let- tuce Tomato Soup Fresh Fruit Bowl Yogurt	24 Meatloaf & Gravy Mashed Potato/Roll Green Beans Sliced Banana & Grapes	25 Homemade Chicken Noodle Soup Mixed Green Salad Jell-O with Fruit	26 Blessing of the Fleet-Administration Building 	27
30 Memorial Day No Service 	31 Chef Salad Clam Chowder Whole Wheat Roll Fresh Fruit Bowl Yogurt	Milk served with every meal		

LLKreations

Laura Kasayuli
Ashley Conway
Contemporary Native Beadwork
La Conner, WA
Phone (360) 466-0503
LLKreations@yahoo.com




Design and distribution of
international
Indigenous Creations

For a complete brochure contact:

Ava Goodman
360-420-6950



THE LAST SUPPER @ THE OLD 1910 INDIAN SHAKER CHURCH



The Indian Shaker Church on Reservation Road is now closed. Joe McCoy and members of the congregation held their final services, evening meal, and last baptism at the church on Saturday, April 16th. The old dining hall was condemned two years ago because of its age and structural weaknesses. A new church has been recently completed on Tallawhalt Lane and will open the first week of May.

William Aaron Yakanak, son of Natasha Yakanak and Martin Edwards, grandson of Janet Williams, David Williams, Audrey Edwards, and also Gregory Yakanak, is the last one to be baptized in the old Indian Shaker Church. Godparents are Tyler Edwards, Felicia Misanes, Matthew Williams and Lena Cladoosby. Joe McCoy presided.

William was baptized the night of the last service in the church, April 16th. He was born December 12, 2010.

*Photos by Janet Williams
and Roger Clark*



Dedication of the new 1910 INDIAN SHAKER CHURCH
MAY 7, 2011 10:00 AM

MEMORIAL DAY

"Indians have fought in every war the United States has had since the American Revolution."

They have enlisted in higher numbers than the general population, and have served valiantly. But they are seldom honored for their service. The Navajo Code Talkers, for instance, were forbidden to tell people what they had done in the Marines in World War II. They had to remain silent for more than 30 years, until their mission was declassified. They were old men before anyone knew what they had done.

More than 12,000 Indians out of a total population of 300,000 served in World War I. A total of over 45,000 Indians out of a population of 340,000 enlisted in the military in World War II. This was one-third of the able-bodied men between the ages of 18 and 45.

A total of 28 Indians have been awarded the Medal of Honor. Seven Indians won the Medal of Honor in World War II. They were Lt. Jack Montgomery (Cherokee), Lt. Van Barfoot (Choctaw), Lt. Ernest Childers (Creek), Cmdr. Ernest Edwin Evans (Pawnee), Maj. Gregory (Pappy) Boyington (Coeur d'Alene), Pvt. Roy W. Harmon (Cherokee), and Pvt. John R. Reese Jr. (Creek).

Montgomery had gone to Bacone College, finishing his AA degree in 1938. He then went on to Redlands University in California, a sister college to Bacone, and finished there in 1940. He was a running back on the Bacone football team and a star baseball player. He planned to become a coach, but WWII got in the way. Instead of becoming a coach, he became a hero in battle. In February 1944, at Padiglione, Italy, Montgomery took out three echelons of enemy by himself, and took 32 prisoners. He killed 11 Germans by himself. His troops called him a one-man army.

He was not wounded that morning, but was seriously wounded that night in another battle, and had to spend the next six months in the hospital. He suffered minor pain the rest of his life from his wounds.

After the war, Montgomery only wanted to work with military veterans. He got a job at the VA Hospital in Muskogee almost as soon as he got home. After pulling another stretch of two and a half years in the Army in Korea, he went back to work for the VA Hospital, where he worked for almost 40 years. He was a proud alumnus of Bacone, and we became friends during the time I was president of Bacone. He was one of the most self-effacing people I ever met. I knew him for over a year before one of the other veteran alumni members told me he had gotten the Medal of Honor.

Montgomery was a very quiet guy. His friend Bill Pearson once said, "If you waited for Jack to tell you he got a Medal of Honor, you'd never find out." When his future wife Joyce first saw the medal hanging on his wall, he just said, "Oh, it's just something that happened in the war." Someone else had to tell her what it was.

Col. Barfoot also got the Medal for actions in Italy. He took out three enemy machine gun positions by himself, captured 17 German prisoners, and took out a tank with a bazooka. He took out the first one with a hand grenade. He took out the second one with a Tommy gun. The third one gave up and let themselves be taken prisoner.

Barfoot stayed in the Army, retiring as a full Colonel. He fought in Korea and Vietnam. A few years ago, his neighbors in northern Virginia objected to him flying the flag over his house. Barfoot took them to court and won. He is still flying the flag at 90 years of age.

Col. Childers got the Medal for actions in Italy, too. He was a graduate of Chilocco Indian School, finishing there in 1937. He had entered the Army from the Oklahoma National Guard. By the time they got to Italy, he had been commissioned as a Second Lieutenant.

His unit was fighting in Oliveto, Italy when he wiped out two enemy snipers, took out two German machine gun nests, and captured a German artillery observer. When he ran out of grenades, he took out the second machine gun nest with his rifle. He stayed in the Army and retired. Then he moved back home to Oklahoma. He died at the age of 87 and is buried in his hometown of Broken Arrow.

Cmdr. Evans was a career Navy man who was killed fighting in the Battle of Leyte Gulf. He had finished at the Naval Academy in 1931 and was a career Navy man. He was commander of the USS Johnson, a destroyer. The Japanese fleet outgunned him, and sunk his ship. He was wounded in the battle and his body was never recovered.

"Pappy" was without doubt the most colorful aviator in the Marines in WWII. He already had a college degree in aeronautical engineering five years before the war. He was one of only handful of Indians with a college degree when the war started. He was the leader of the famous "Black Sheep" squadron and personally shot down an incredible 26 Japanese aircraft. His book "Baa, Baa Black Sheep" was a best seller that got turned into a TV series in the 1970s. He stayed in the Marines and retired as a full Colonel.

Harmon was a squad leader in the Army. His unit was fighting in Casaglia, Italy in 1945. He destroyed three enemy positions by himself, but was severely wounded three times in the battle, and died from his wounds. President Harry Truman awarded him the Medal of Honor posthumously.

Reese was a private in the Army stationed in the Philippines. His unit attacked the Paco Railroad Station in 1945, and took it from 300 Japanese who were well dug in. He led the attack, which routed the enemy and won the battle.

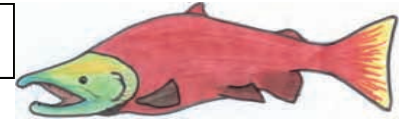
Numbers of the World War II generation later distinguished themselves in civilian life. The late Dr. Sam Billison, a Navajo Code talker, became the first Navajo Indian to earn a doctorate degree, which he got from the University of Arizona in 1954. He was a teacher, principal, school superintendent, and tribal council member. He also was the founder of the National Indian Education Association, which he, Dr. Will Antell, and Dr. Rosemary Christensen formed in 1969.

Wilfred Biley was another Navajo hero of World War II. He was herding sheep one day when his grandfather rode up on his horse. "I am taking you to school," his grandfather said. They rode 20 miles on the horse, and Wilfred entered the Navajo Methodist Mission that day. When he came home nine months later, he could speak English.

He volunteered for the Marines when a recruiter came around. The Marines sent him straight overseas out of boot camp and the Navajo Code Talkers School. He was overseas for 30 straight months. He came home to become an educator, finishing college on the GI Bill. Then he worked work more than 40 years in the schools at Shiprock, as teacher, Indian Education director, and principal. "With much pride and satisfaction, in the prime of my life, I served my country in the United States Marine Corps," he said in a speech in 2003.

This column is an excerpt from a forthcoming book on Indian people, "American Indians and Popular Culture" from Praeger Publishers. Dean Chavers works at Catching the Dream, a national scholarship and school improvement program in Albuquerque. Contact him at CTD4DeanChavers@aol.com. It is reprinted from an April 19, 2011 Indian Country Today Facebook post.

Essay: A Changed Way of Living by Caroline J. Edwards



One transition that changed Native communities across the Northwest was one that started when the salmon became a resource to the greater society outside of the reservations. The gathering and consumption of salmon has always been that of the Northwest tribal people. There was a time when certain people could remember how the fish were plentiful in our Swinomish community. The salmon outnumbered people. According to the *Ground Truth Trekking* website,

“Salmon made the Pacific Northwest rich. Before contact, the Alaska and British Columbia coasts supported one of the densest human populations in North America. And salmon outnumbered people by 1000 to 1. Today, one of the richest salmon producing areas in the world is in Bristol Bay, where salmon outnumber people by 10,000 to 1.”

Northwest Tribes knew that when the settlers began to come around, the Northwest was changing. I believe that before treaty fishing, the trading of salmon for other goods is what started the trend of the salmon becoming such an important resource.

In 1855 many Northwest tribes gave up their land for the right to fish when they signed treaties made by the governor of Washington, Isaac Stevens. These treaties were a formal agreement with specific tribes and the federal government ensuring those tribes' right to fish on their own reservations or traditional waters (i.e.: rivers, bays, and inlets). The fifth article of the Treaty of Point Elliot 1855 states,

“The right of taking fish at usual and accustomed grounds and stations is further secured to said Indians in common with all citizens of the Territory, and of erecting temporary houses for the purpose of curing, together with the privilege of hunting and gathering roots and berries on open and unclaimed lands.”

Although these provisions were made by the government, 113 years later the Indians were still having to recap that trust and defend their inherent right to fish.

Each tribe has certain areas where they are allowed to fish, and going out to fish in those areas wasn't always accepted by the surrounding non-Indian people. This problem led to a civil rights outcry better known as the “fish-ins.” A fish-in was when a group of Indians would set their net in public waters, then sit there and wait for Fish and Game to come and take their gear and arrest them (they knew they were going to get arrested). These fish-ins were an outcry for the public to see the civil rights problem that Natives were encountering when they attempted to live their lives as treaty fisherman. A key court case was known as *Puyallup I* (*Puyallup v. Department of Game* 1968), “the court ruled that the state of Washington has the right, in the interest of conservation, to regulate of tribal fishing activities, as long as “the regulation meets appropriate standards and does not discriminate against Indians.” In another key court case, *Puyallup II* (*The Department of Game v. Puyallup* 1973), the court ruled that the state's prohibition on net fishing for steelhead trout was discriminatory, because its effect was to reserve the entire harvestable run of steelhead to non-Indian sports fisherman. The court declared that the steelhead “must in some manner be fairly apportioned between Indian net fishing and non-Indian sports fishing.” In the final case with *Puyallup*, (*Puyallup Tribe v. Department of Game* 1976), the court ruled that “the fish caught by tribal members on their reservation could be counted against the Indian share of the fish.” The U.S Supreme Court Justices will give their opinion to roughly 100 cases per year, while up to 7,000 cases are submitted to the U.S Supreme Court. Only one percent of the cases submitted to the Supreme Court are seen by the 9 justices. In the past, court cases between the state and the Northwest tribes made it to the Supreme court 7 times, which is more than what is allowed in today's modern time.



Now, in our Swinomish Community, the salmon is granted with an offering of a blessing each year for providing nourishment to our bodies, gifts for our home, and something to look forward to every season; for it keeps a binding with our culture and gives life to our land. The salmon brings life to our Coast Salish people.

**Swinomish Blessing of the Fleet is
MAY 26th**

TWO GROUND BREAKING CEREMONIES FOR SWINOMISH IN APRIL!

Groundbreaking for the new Chevron station, across the street from the Administration Building, took place the chilly morning of April 27. A crowd of tribal senators, administrators, staff, community members, and construction crew members gathered around as John Cayou, Sr. blessed the site, and Senators Sophie Bailey, Brian Wilbur, Steve Edwards and Tandy Wilbur wielded the golden shovels. Witnesses were Dianne Edwards, Larry Campbell, Andy John and Mike Cladoosby.

Construction began immediately following the ceremony.



(left to right) Senators Sophie Bailey, Chairman Cladoosby, (Barb James), Brian Wilbur, Steve Edwards, Tandy Wilbur, and Leon John



The ground breaking for the new Swinomish Casino Hotel took place on April 29th in the Casino parking lot, where the hotel will be built. There were tents and tables set up for a seafood dinner for all. The sun came out and warmed up the many families who attended.

The witnesses were Mike Porter, Charlie Paul, Mike Cladoosby and Janie Beasley. Senator Brian Wilbur was head speaker for the event. Fish cooks were Eric Day with Albert Bailey helping, and fresh frybread was made by Nancy Wilbur.

The Canoe Families sang 3 new songs which they have prepared for Canoe Journey 2011 here at Swinomish.



The official groundbreakers were: Jacob Cruz, Kiana Williams, Scottie Miller, Kahneesha Casey, Alex Cayou, Isaiah Adams, Henry Cayou, Terrence James, Carol John, and Lexie Bobb.





NEXT MEETING
IS MAY 11, 2011
3:00 PM IN THE
PLANNING DEPT.
CONFERENCE
ROOM



Protect Mother Earth Task Force-

is a subcommittee of the Canoe Journey Committee and was formed to support the waste reduction efforts and initiate recycling, research composting options and provide educational opportunities for volunteers and other interested parties during the Tribal Canoe Journey 2011.

PME Group Members:
Linda Talman (Volunteer Coordinator), Shelly Vendiola (Facilitator), Caroline Edwards (Communications), Britta Eschete (Communications Support), Annitra Ferderer (Environmental Education), Theresa Trebon (Logistical Support), Sandra Radin (Outreach Support).

Other members not pictured: Eric Day (Canoe Skipper/Public Works), Medicine Bear (Public Works-Special Projects), Kelly Gemmell-Bruce (Advisor) and Jill Rohr

In March, our Chairman Brian Cladoosby received a letter from the Skagit County Board of Commissioners who were pleased to offer support for the Tribal Journey through the Zero Waste program. Here is what they had to say, "Our staff has worked well with your Protect Mother Earth taskforce to help keep the event's environmental footprint small through effective waste reduction, recycling, and composting. Other events that have participated in this program have experienced significant savings on their waste disposal costs and invaluable promotion of their events as zero-waste." Annitra Ferderer is a PME member who has helped PME connect with the Skagit County Commissioners and should be acknowledged for this effort.

Each month that passes by is a reminder of how much time we really have left to make the Paddle to Swinomish a "low waste" event. PME meets every second Wednesday of the month around 3:00 pm in the Planning dept. conference room to review current actions and to discuss future plans.

Questions?

For general questions please send an email to Volunteers@PaddleToSwinomish.com

Linda Talman, Jill Rohrs Volunteer Co-Coordinators.

For more PME information please contact Annitra Ferderer (360) 466-1236 or email: aferderer@swinomish.nsn.us



Elder Diane Vendiola shares a book about recycling with volunteers and discusses the importance of taking care of our planet.

PME would like to recognize volunteers Amy Topaum, Yua-nissa Cayou, Joslin

James and Haley James. Thank you for your participation!





From bottom left: Sophia & Latesha Gobert

The 9th annual Swinomish Earth Day was another great success with numerous service projects helping clean-up the community teaching strong environmental ethics. Traditional salmon lunch was served with many local organic side dishes. Over 20 local conservation organizations were present with their information and 6 different types of craft tables were a hit—making home-made dream catchers, spray paint clothing and cedar weaving! The afternoon wrapped up with music and dancing. 53 electronic devices were recycled and the event was sponsored by Skagit County Zero Waste—helping reduce the amount of waste by recycling and composting.

**Thank you to those
who attended and
assisted in the
planning!**



NWIC garden project volunteers



Snee-Oosh Beach cleanup volunteers



Eagleheart Drum Group



© Robin Carreen 4-16-11



Peter Ali



Swinomish Water Resources Program

Springtime is Garden Time! Growing Vegetables in Pots!



Growing vegetables can bring out the farmer in you. You till the soil and tend the plants, then reap the reward when the plants bear fruit. Even if you don't have much sunny ground, you can still experience the pleasure of harvesting your own vine-ripened tomatoes and other crops. All you need is a generous-

size container, good potting soil, and a suitable spot—a patio, deck, or corner that gets at least six hours of full sun a day. If you do have actual ground for growing, containers can still help you overcome problems like poorly drained soil, pests such as gophers, and soil-borne diseases. Soil in pots also warms up more quickly in spring than it does in the ground, you can get a tomato or pepper off to a faster start. And tall pots make it easier for gardeners with limited mobility to tend crops without kneeling or squatting. Growing garden vegetables can be less intimidating, take up less space and allow you the ability to reward yourself with fresh home-grown food.



1. Purchasing plant starts: Many stores in the area are overflowing with vegetable plant starts. These plants have been started from seed and are mature enough for the outdoors. These are relatively inexpensive and typically come with growing instructions on a marker you can place right next to your plant start.

2. Choose the right container:

Vegetables will grow in any container that provide drainage but choosing the right size is critical. The larger the plant's root system the deeper and wider the container should be. Pots made of thick plastic or glazed terra-cotta retain moisture well as do wood tubs. Avoid small unglazed terra-cotta pots; they dry out too quickly.



3.

Potting medium: Many of the stores where you purchase your starts from will have bags in various sizes of potting mix. Utilize the knowledgeable staff in the garden center. They will be able to point out the best balanced mix with ample nutrients. Blend in a complete fertilizer, either a dry organic product — such as one containing alfalfa meal, bonemeal, kelp meal, or other natural nutrients — or a controlled-release type that supplies nutrients over a three- to six-month period.

4.

Watering: Water conservation is important during the summers of the Northwest. Try to place a bucket (without holes!) out by your garden pots to fill with water when it rains. Another idea is letting the water cool after boiling pasta—then watering your plants with it! If you hand-water, never allow the soil to dry out completely. Water at the base of the plant, not on top. The gushing water can make the precious flowers (which will ultimately turn to fruit) fall off. If you are using a hose, purchase a “rain-nozzle” to evenly distribute the water creating less pressure on the fragile plants when they are young.



5.

Harvest: Pick crops when they're ripe: *beans* before the seeds swell inside the pods; *cucumbers and squash* when fruits are fully expanded but not seedy; *eggplants* while skin is shiny; *peppers* when fully grown and showing appropriate color (green, red, or another shade); *tomatoes* when fully colored (red, orange, or yellow).



Garden Craft Idea!





Swinomish Water Resources Program

APRIL 2011

TIDE TABLE: MAY '11 - Lone Tree, Snee-Oosh, N.Skagit Bay (ft MLLW)

Date	High Time/Height	Low Time/Height	High Time/Height	Low Time/Height	High Time/Height	Moon	Sunrise	Sunset
Sun 01	04:30 10.16 ft	11:27 0.23 ft	18:21 9.89 ft	23:46 5.13 ft			5:51	20:24
Mon 02	04:57 10.11 ft	11:54 -0.39 ft	18:58 10.31 ft			New Moon	5:49	20:25
Tue 03		00:24 5.56 ft	05:25 10.02 ft	12:24 -0.91 ft	19:33 10.62 ft		5:47	20:27
Wed 04		01:03 5.90 ft	05:54 9.90 ft	12:57 -1.28 ft	20:09 10.83 ft		5:46	20:28
Thu 05		01:42 6.17 ft	06:26 9.73 ft	13:34 -1.50 ft	20:48 10.93 ft		5:44	20:29
Fri 06		02:24 6.34 ft	07:01 9.52 ft	14:14 -1.53 ft	21:30 10.94 ft		5:43	20:31
Sat 07		03:10 6.42 ft	07:41 9.23 ft	14:58 -1.36 ft	22:16 10.88 ft		5:41	20:32
Sun 08		04:03 6.36 ft	08:28 8.84 ft	15:45 -0.97 ft	23:05 10.82 ft		5:40	20:34
Mon 09		05:04 6.09 ft	09:29 8.36 ft	16:36 -0.34 ft	23:54 10.81 ft		5:38	20:35
Tue 10		06:13 5.47 ft	10:46 7.89 ft	17:33 0.48 ft		First Quarter	5:37	20:36
Wed 11	00:42 10.87 ft	07:19 4.47 ft	12:14 7.67 ft	18:34 1.45 ft			5:35	20:38
Thu 12	01:27 11.00 ft	08:16 3.14 ft	13:43 7.89 ft	19:39 2.44 ft			5:34	20:39
Fri 13	02:09 11.18 ft	09:06 1.62 ft	15:06 8.56 ft	20:45 3.38 ft			5:32	20:40
Sat 14	02:49 11.37 ft	09:51 0.11 ft	16:20 9.46 ft	21:47 4.21 ft			5:31	20:42
Sun 15	03:29 11.50 ft	10:34 -1.23 ft	17:23 10.35 ft	22:46 4.91 ft			5:30	20:43
Mon 16	04:08 11.53 ft	11:17 -2.25 ft	18:20 11.07 ft	23:42 5.45 ft			5:28	20:44
Tue 17	04:50 11.40 ft	12:00 -2.86 ft	19:13 11.55 ft			Full Moon	5:27	20:46
Wed 18		00:37 5.82 ft	05:33 11.10 ft	12:44 -3.04 ft	20:03 11.76 ft		5:26	20:47
Thu 19		01:33 6.01 ft	06:19 10.62 ft	13:29 -2.82 ft	20:51 11.76 ft		5:25	20:48
Fri 20		02:29 6.04 ft	07:08 10.00 ft	14:14 -2.26 ft	21:39 11.61 ft		5:24	20:49
Sat 21		03:29 5.91 ft	08:00 9.26 ft	15:01 -1.44 ft	22:26 11.38 ft		5:23	20:51
Sun 22		04:33 5.61 ft	08:59 8.46 ft	15:49 -0.42 ft	23:12 11.13 ft		5:21	20:52
Mon 23		05:43 5.12 ft	10:06 7.69 ft	16:39 0.73 ft	23:56 10.88 ft		5:20	20:53
Tue 24		06:52 4.43 ft	11:24 7.11 ft	17:32 1.94 ft		Last Quarter	5:19	20:54
Wed 25	00:39 10.67 ft	07:52 3.57 ft	12:55 6.91 ft	18:31 3.14 ft			5:18	20:55
Thu 26	01:18 10.50 ft	08:40 2.65 ft	14:29 7.22 ft	19:36 4.20 ft			5:18	20:57
Fri 27	01:55 10.35 ft	09:18 1.73 ft	15:52 7.92 ft	20:43 5.06 ft			5:17	20:58
Sat 28	02:30 10.23 ft	09:51 0.87 ft	16:54 8.75 ft	21:46 5.69 ft			5:16	20:59
Sun 29	03:03 10.13 ft	10:21 0.09 ft	17:43 9.51 ft	22:40 6.15 ft			5:15	21:00
Mon 30	03:35 10.04 ft	10:51 -0.61 ft	18:23 10.12 ft	23:27 6.46 ft			5:14	21:01
Tue 31	04:08 9.96 ft	11:22 -1.20 ft	18:58 10.57 ft				5:14	21:02

CLAM PSP UPDATE

Lone Tree Point:

Butter Clams sampled by

Swinomish Water Resources

Department and analyzed By WA

Dept of Health for Paralytic

Shellfish Poisoning (PSP) on 3/9/2011 were found to be **SAFE TO EAT!** Swinomish Tribal

Members may conduct Subsistence Harvesting on Reservation when beaches are indicated as OPEN and have a valid Ceremonial and subsistence Shellfish Harvesting Permit from the Swinomish Fisheries Department.



Guided Tours for Tribal Members on Kiket Island—the first Wednesday of every month.

Approximately 2 hours
Come see spring on this treasured nature preserve and learn about the history of this special place to our Swinomish ancestors.

Info: 466-7201



CELEBRATIONS

Happy 4th Birthday Lydia!!



Love Dad, Mom, CeCe and Family

HAPPY BIRTHDAY
Savanna Edwards!



Lots of Love
from your
whole
family!!



DaShawn David
Wayne Siddle

Born March 14, 2011
Anacortes, WA @ 8:43 AM
7 lbs 14 oz 22 inches

Mother: Karla Jobey
Cassimere
Father: Augustus
Wayne Siddle
Brothers: Dylan and
Matthew Stone
Sister: Ariana Siddle

Baby Boy!



HAPPY BIRTHDAY
LOTS OF LOVE FROM FAMILY &

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MAY 27TH



HAPPY BIRTHDAY
KEATON BAILEY!



LOVE FROM YOUR FAMILY!

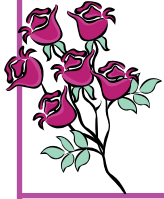


Wishing you a very **HAPPY BIRTHDAY**
Johnny Wilbur,
Caroline Edwards & Cubby Hancock !!

HAPPY BELATED BIRTHDAY
& HAPPY MOTHER'S DAY

ADA DAMIEN!

Love, Mom
& Gertrude



*Happy
Birthday!*

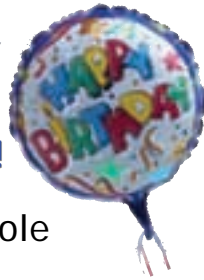


*Brian & Nina
Cladoosby!!*



HAPPY
BIRTHDAY
JOEY
WILLIAMS!

from the whole
family!!



HAPPY BIRTHDAY DAD!
from DeMonte and Damon!



Happy
Birthday
**Lorena Shae
Edwards!**



HAPPY BIRTHDAY TO

**NIKAYA
PETERS**

FROM
YOUR
SISTERS!



Baby Girl!!

Jimiah Solomon
Fornsby
born January 31, 2011
to
Sheena Fornsby and
Stanley Solomon



Happy 16th Birthday to
Breeana Sampson
on May 11!
Lots of Love from your family!



Robbie Robertson: The Band Man Plays On



By Wilhelm Murg April 4, 2011
(*Indian Country Today via Facebook*)

Robbie Robertson was born in 1943, which meant he was learning to play guitar when the rock-and-roll revolution changed popular music forever. It certainly changed Robertson's life; as a teenager he played in a few different bands, gigging around his home town of Toronto, and by 1960 he was on the road as the full-time lead guitarist in Ronnie Hawkins' backing band The Hawks. By 1964, the Hawks split off to do their own thing; in September 1965 they were enlisted as Bob Dylan's backing band on his controversial "electric" tour, and in 1967 the Hawks rechristened themselves The Band.

In 1968, The Band released their debut album, *Music from Big Pink*, which featured the classic Robertson song "The Weight," used in the film *Easy Rider*. At a time when many popular acts were exploring far-out psychedelic music, The Band was revisiting the roots of rock with a blend of gospel, blues, country, and early rock 'n roll. The Band's eponymous second album featured two more of Robertson's now classic songs, "Up on Cripple Creek" and "The Night They Drove Old Dixie Down." The Band released six more albums, and one live album with Bob Dylan, before they decided to call it quits. Their final concert, at the Winterland Ballroom in San Francisco, was a star-studded evening that yielded a triple album and the Martin Scorsese-directed film *The Last Waltz*.

Since The Band's breakup, Robertson has had a distinguished career as a producer, soundtrack composer, actor, and as a solo artist. On Tuesday, April 5, Robertson releases his fifth solo album, his first in over a decade, *How to Become Clairvoyant*, which features an all-star lineup of guests, including Eric Clapton, Steve Winwood, and Trent Reznor.

Indian Country Today Media Network: You first learned to play guitar at the Six Nations of the Grand River First Nation—how did that come about?

Robbie Robertson: I went back and forth between Six Nations and Toronto while I was growing up. Around the time I was eight it really sunk into me that everybody in my family at Six Nations could play a musical instrument, or sang or danced. It wasn't like there was a lot of entertainment coming to the reserve, so everybody had to make their own entertainment. I didn't want to feel left out and I thought the guitar looked good, so I started asking people about it—my uncles, cousins, aunts, anyone who played. Some of my relatives said, "Come on, put your finger here and then you do this." This was before my hand could fit around the neck of the guitar, but something happened to me in this process that made me feel strongly about wanting to pursue it. My parents got me a little guitar out of a catalog. It had pictures of cowboys on it. There were no Indians on that guitar—it was one of those Gene Autry things. By the time I was 11 my hand was a little bit bigger and shortly after that it struck me that I could do this better than they could.

When did rock music come into the equation for you?

On Tuesday there was no rock and roll. On Wednesday, it was, "Where did all of these people come from?" All of the sudden there's Fats Domino, Elvis Presley, Little Richard, Chuck Berry. When rock and roll came along it was the first music revolution, and I definitely wanted to be part of that revolution. By the time I was twelve I was playing guitar pretty good. By the time I was 16 years old I was on the road playing for a living, and traveling all over the country.

Why did it take you 10 years to get the new album out?

After I did *Music for the Native Americans* and *Contact From the Underworld of Redboy*, I felt very strongly that we should put together the most amazing celebration of the Native people of North America that the world has ever imagined and hold it in the biggest tipi in the world. I went to the head of Cirque du Soleil, Guy Laliberté and told him what I wanted to do and he loved the idea. But I found out I couldn't make a deal with them because it was like "If you come into my sandbox that means that we own everything," and I thought, That's not fair. I even joked with them. I said, "Well, here we go, let's fuck the Indians again." In addition, what they do is so circus-oriented that I got uncomfortable with some of the ideas we had floating around. I thought, This is not a circus. I'm talking about a ceremony that is so extraordinary that you have never been allowed behind this curtain before. Now I'm working on it with Michael Cole, who did huge tours with U2, the Rolling Stones and Pink Floyd. He does a lot of Broadway—he's currently doing *Spider-Man: Turn Off the Dark*. This is a vision of a powerful Indian mythology that needs to be brought to life. It is so powerful that when people come out of this show, they will all feel like they're Indians. It's very ambitious, I know, but I'm going to do my best to see if it can be done.

So that delayed the album?

It didn't delay the album, because I wasn't working on an album. I was working on many other things—I was an executive at DreamWorks, I was doing music for a bunch of movies, I just made a deal with Abrams to do a book for young readers on the story of Hiawatha and the Peacemaker. I've also just made a deal to write my autobiography, so there's a lot on my plate and I operate like that. I make a record when I feel I have something strong in mind to do in a record.

FREE ADS

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by
Maggie
Finkbonner
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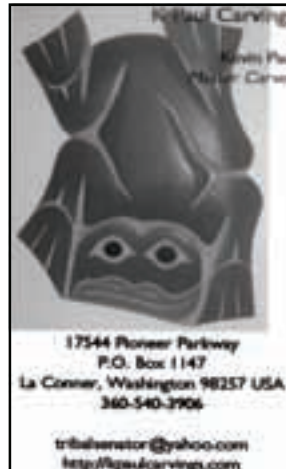
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issue



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Swinomish Domestic Violence Scholarship Program

The Swinomish Indian Tribal Community is receiving applications for the Domestic Violence Scholarship Program. The scholarship is designed to help women get back on their feet after they've experienced violence.

A woman who is a survivor of violence may qualify for scholarship funds to cover tuition, books, supplies, course fees, lab fees, transportation, and childcare expenses that are not otherwise covered by financial aid.

To be eligible, an applicant must:

- ▶ Be pursuing a degree or certificate program
- ▶ Show proof of acceptance into an accredited institution of higher education within the United States. This includes:
 - tribal colleges • community colleges • four year colleges
 - GED programs • vocational colleges • technical colleges
- ▶ Show proof of enrollment in a federally-recognized Indian Tribe:
 - Swinomish
 - If non-Swinomish, the applicant must show:
 - (a) applicant was abused by a Swinomish member, or (b) applicant lives on the Swinomish Reservation, or
 - (c) applicant lived on the Swinomish Reservation at the time of abuse
- ▶ Submit an application outlining educational goals and declaring that applicant is a victim of domestic violence, dating violence, sexual assault, or stalking and that the funds are needed to recover from abuse and/or to obtain economic independence from an abuser.

All applications will be reviewed by a confidential Scholarship Review Panel. Applicant identity will be kept strictly confidential and will not be disclosed without the candidate's express written consent.

To get an application packet, please contact Swinomish Behavioral Health or Swinomish Family Services.

This project was supported by Grant No. 2009-EG-S6-0034 awarded by the Office on Violence Against Women, U.S. Department of Justice. The opinions, findings, conclusions, and recommendations expressed in this publication are those of the author(s) and do not necessarily reflect the views of the Department of Justice, Office on Violence Against Women.



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